

# Victorian Seniors Festival 2024 with Goulburn Valley Libraries

Events  
Booklet



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Libraries  
Change Lives

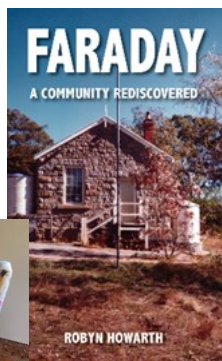


# Author Talks

## Robyn Howarth speaks about her book *Faraday - a community rediscovered.*

Robyn Howarth speaks about her book *Faraday - a community rediscovered.* In 1972, two masked men burst into a school room and kidnapped the teacher and 6 students.

After 52 years, survivor Robyn Howarth shares her story.



### **Avenel Library**

Wednesday  
2<sup>nd</sup> October  
10.30am

### **Shepparton Library**

Thursday  
3<sup>rd</sup> October  
10.30am

### **Tatura Library**

Friday  
4<sup>th</sup> October  
10.30am

### **Dookie Memorial Hall**

34 Mary Street, Dookie  
Wednesday  
2<sup>nd</sup> October  
3.00pm

### **Cobram Library**

Thursday  
3<sup>rd</sup> October  
2.30pm

### **Violet Town Library**

Friday  
4<sup>th</sup> October  
2.30pm

# Author Talks

## Kim McCosker speaks about her latest cookbook.

Author Kim McCosker from *4 Ingredients* chats about her incredible story, sharing some of her quick, easy and delicious recipes and her latest cookbook *4 Ingredients MORE Diabetes*.



**St Andrews  
Uniting Church**  
6 Piper Street, Yarrawonga  
Wednesday  
2<sup>nd</sup> October  
3.30pm

**Mooroopna  
Library**  
Thursday  
3<sup>rd</sup> October  
7.00pm

**Nagambie  
Library**  
Friday  
4<sup>th</sup> October  
2.30pm

## Margaret Hickey speaks about her latest book *The Creeper*.

*The Creeper* is a chilling new mystery novel from the award-winning author of bestsellers *Cutters End*, *Stone Town* and *Broken Bay*.



**Shepparton Library**  
Tuesday  
22<sup>nd</sup> October  
2.00pm

**Cobram Library**  
Tuesday  
22<sup>nd</sup> October  
5.00pm

# Movies

Monday 7 <sup>th</sup> October 2.30pm Shepparton Library	<b>Queen Bees</b> (PG)	After reluctantly agreeing to move into a home for seniors, a woman encounters a clique of mean-spirited women and an amorous widower.
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Tuesday 8 <sup>th</sup> October 2.00pm Euroa Library	Wednesday 9 <sup>th</sup> October 2.00pm Mooroopna Library	Set in 1946, the plot follows a London-based writer who exchanges letters with a resident on the island of Guernsey, which had been under German occupation during World War II. The writer forms an unexpected bond with the residents of Guernsey when she decides to write a book about their experiences during the war. Then she learns the secret they are afraid to reveal.
<b>The Guernsey Literary and Potato Peel Pie Society</b> (M)		
Wednesday 16 <sup>th</sup> October 12noon Cobram Library	Tuesday 22 <sup>nd</sup> October 2.30pm Shepparton Library	

Thursday 10 <sup>th</sup> October 6.30pm Shepparton Library	<b>Senior Moment</b> (M)	After drag racing his vintage convertible around Palm Springs, a retired NASA test pilot loses his license. Forced to take public transportation, he meets Caroline and learns to navigate love and life again.
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# Movies

Tuesday  
15<sup>th</sup> October  
2.30pm  
Shepparton  
Library

## **Never Too Late (M)**

Four former prisoners of war, members of an elite squad known as the Chainbreakers, are now residents of Hogan Hills, a retirement home for returned veterans. Join the fun as the film follows their plans to break out.



Thursday  
17<sup>th</sup> October  
2.00pm  
Mooroopna  
Library

Wednesday  
23<sup>rd</sup> October  
12noon  
Cobram  
Library

## **The World's Fastest Indian (PG)**

The film is based on the true story of New Zealander Burt Munro, who spent years rebuilding a 1920 Indian motorcycle, which helped him set the land speed world record at Utah's Bonneville Salt Flats in 1967.

Wednesday 30<sup>th</sup> October  
1.30pm  
Avenel Library

# Movies

Tuesday 29 <sup>th</sup> October 2.30pm Numurkah Library	<b>Roman Holiday (G)</b>	A bored and sheltered princess escapes her guardians and to spend the day exploring Rome. Along the way she meets an American reporter who recognises her but does not reveal that he is a reporter.
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Wednesday 9 <sup>th</sup> October 12noon Cobram Library	Wednesday 23 <sup>rd</sup> October 2.00pm Euroa Library	Inspired by a true story, <i>80 for Brady</i> focuses on four lifelong friends (played by Lily Tomlin, Jane Fonda, Rita Moreno, and Sally Field) who travel to meet NFL superstar Tom Brady and his New England Patriots play in Super Bowl LI in 2017.
<b>80 for Brady (M)</b>		
Thursday 31 <sup>st</sup> October 6.30pm Shepparton Library		

Wednesday 30 <sup>th</sup> October 12noon Cobram Library	<b>Last Cab to Darwin (M)</b>	It's never too late to start living. When Rex, a Broken Hill cab driver, is told he doesn't have long to live, he sets out on an epic journey to Darwin in a bid to die on his own terms.
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# Creativity and Crafty

## Get creative with a crochet and knitting group.

These groups meet every week. The groups are chatty and informal. New people are always welcome. There is no cost involved. Just bring along yourself and your latest project.

Don't be concerned if you're just learning or stuck on a project, the other members of the group can help you along.

**Mooroopna Library**  
Every Friday at 10.00am

**Numurkah Library**  
Every Tuesday at 10.00am

**Shepparton Library**  
Every Friday at 10.00am



# Creativity and Crafty

The craft activities on these two pages are open to anyone. No experience or skill required. All materials are provided and we even supply a cuppa. Even if you're not into craft come along for a chat. Please let us know you'll be attending so we have enough supplies for the whole group.

Tuesday  
1<sup>st</sup> October 10.30am  
Nagambie Library

Recycled Planters - Use everyday household items to make colourful, vibrant planters.

Wednesday  
2<sup>nd</sup> October 2.00pm  
Avenel Library

Recycled Planters - Use everyday household items to make colourful, vibrant planters.

Thursday  
3<sup>rd</sup> October 10.30am  
Tatura Library

Embroidered Gift Tags - These handmade, embroidered gift tags are sure to make your presents pop!

Tuesday  
8<sup>th</sup> October 10.30am  
Euroa Library

Paper Wall Hanger – Get crafty with paper and create a lovely wall hanging.

Tuesday  
8<sup>th</sup> October 2.30pm  
Shepparton Library

Macrame Plant Hanger Workshop

Thursday  
10<sup>th</sup> October  
10.30am  
Mooroopna Library

Yarn Art - Use yarn to create some artistic masterpieces.

Wednesday  
16<sup>th</sup> October  
10.30am  
Cobram Library

Woven Bookmarks - Try out this stashbuster project and use yarn to make a bookmark.



# Creativity and Crafty

Wednesday 16 <sup>th</sup> October 10.30am Shepparton Library	Woven Bookmarks - Try out this stashbuster project and use yarn to make a bookmark.
Wednesday 16 <sup>th</sup> October 2.00pm Numurkah Library	Beeswax Wraps - Break up with cling wrap and make a reusable food wrap. Rinse, reuse, rewrap!
Thursday 17 <sup>th</sup> October 10.30am Tatura Library	Card making over a cuppa at the library.
Thursday 17 <sup>th</sup> October 6.30pm Shepparton Library	Woven Bookmarks - Try out this stashbuster project and use yarn to make a bookmark.
Friday 18 <sup>th</sup> October 10.30am Nathalia Library	Beeswax Wraps - Break up with cling wrap and make a reusable food wrap. Rinse, reuse, rewrap!
Tuesday 22 <sup>nd</sup> October 10.30am Violet Town Library	Slow Stitching – Slow down, use simple stitching and scraps of fabric to create relaxing floral artworks.
Wednesday 23 <sup>rd</sup> October 1.30pm Yarrowonga	Woven Bookmarks - Try out this stashbuster project and use yarn to make a bookmark.



# Digital Literacy and Fun

## Digital Legacy: Navigating your digital footprint and assets now and beyond

Learn about the importance of your digital footprint, the implications of your digital presence and practical steps to manage your digital assets.

Tuesday  
8<sup>th</sup> October  
10:30am  
Shepparton Library

Thursday  
10<sup>th</sup> October  
3.30pm  
Cobram Library

Tuesday  
29<sup>th</sup> October  
10.30am  
Violet Town  
Library

## Brains, Games and Digital Devices

Just like your body, your brain benefits from regular exercise to stay healthy. There are games you can play on a tablet or smartphone designed to be both fun and give your brain a good mental workout to help you stay sharp. We have a set of tablets available to use during the session and at other times you visit the library so don't worry if you don't own a device.

Tuesday  
15<sup>th</sup> October  
2.30pm  
Yarrowonga Library

Tuesday  
29<sup>th</sup> October  
10:30am  
Tatura Library

Thursday  
31<sup>st</sup> October  
10.00am  
Euroa Library

**How to digitise a photo, slide or negative** - bring along your own photo, slide or negative and we will show you how to use the equipment.

Thursday  
24<sup>th</sup> October  
2.30pm  
Cobram

# Digital Literacy and Fun

<p>Wednesday 9<sup>th</sup> October 10.30am Yarrowonga Library</p>	<p>Thursday 10<sup>th</sup> October 2.00pm Nathalia Library</p>	<p>Tuesday 15<sup>th</sup> October 10.30am Nagambie Library</p>	<p>Wednesday 16<sup>th</sup> October 10.30am Euroa Library</p>
<p><b>Digital Drop-In</b></p>	<p>Drop in and see a library staff member for some device help on a range of topics</p> <ul style="list-style-type: none"> <li>• Computer</li> <li>• Smartphones and tablets</li> <li>• Email and social media</li> <li>• eLibrary resources</li> </ul>		<p>Thursday 24<sup>th</sup> October 10.30am Violet Town Library</p>
<p>Monday 28<sup>th</sup> October 10.00am Strathbogie Memorial Hall 29 Main Street</p>	<p>Monday 28<sup>th</sup> October 1.30pm Longwood Community Centre 2A Downs St</p>	<p>Wednesday 30<sup>th</sup> October 10.30am Tungamah Meeting Rooms 40 Middleton St</p>	<p>Wednesday 30<sup>th</sup> October 1.00pm St James Public Hall 24 St James Rd</p>

## Travel the world without leaving the library.

A travel experience using a virtual reality headset. Virtual Reality allows people to travel in a realistic and immersive way without leaving the comfort of the library.

Wednesday  
23<sup>rd</sup> October  
10.00am  
Avenel Library

Wednesday  
23<sup>rd</sup> October  
2.00pm  
Mooroopna Library

Thursday  
31<sup>st</sup> October  
2.30pm  
Cobram Library

## Get Online Week eBooks eAudiobooks and Streaming



Monday  
14<sup>th</sup> October  
2.30pm  
Shepparton

# Mind and Body

## Drumbeats

Have some fun with a drum! Come and try drumming using your hands and an African drum. This is a group session led by a facilitator from Primary Care Connect.

Thursday  
3<sup>rd</sup> October  
10.30am  
Euroa Library

Thursday  
10<sup>th</sup> October  
2.30pm  
Tatura Library

Wednesday  
16<sup>th</sup> October  
2.00pm  
Avenel Library



## Tai Chi

Thursday  
3<sup>rd</sup> October  
6.30pm  
Shepparton Library

Learn the basic concepts of Tai Chi. This is a gentle exercise that is suitable for beginners and most abilities.

## Uke3A Show

Tuesday  
1<sup>st</sup> October  
2.30pm  
Shepparton Library

Tuesday  
29<sup>th</sup> October  
2.30pm  
Shepparton Library

Join us for an afternoon of strumming, singing and uncontrollable foot tapping with the U3A Ukulele Group!

# Social Activities

Thursday 3 <sup>rd</sup> October 4.00pm Violet Town	VT Armchair Travel Bugs. Cruise on into the Violet Town Library to hear about travel adventures from different community members.
Tuesday 8 <sup>th</sup> October 5.00pm Mooroopna	Friends of the Mooroopna Library monthly meeting.
Thursday 17 <sup>th</sup> October 4.00pm Violet Town	VT Bookworms. Join the group to discuss a book you are currently reading, just finished, a favourite or one you're looking forward to reading.
Every Thursday Shepparton Library 6.00pm	Board games and more at Libraries After Dark.
Every Friday Mooroopna Library 1.00pm	Connect with the scrabble group at the Moorooopna Library.
Thursday 31 <sup>st</sup> October 10.30am Nathalia Library	Share your favourite book from your childhood and your favourite book from today while enjoying a lovely morning tea. Don't worry if you don't have a copy of the book. Come along for a chat and a cuppa. Let us know you'll be there so we have a chair and some yummy food ready for you.



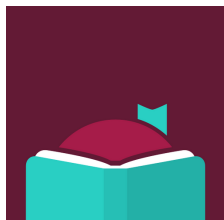
# But wait there's more...

Saturday 5 <sup>th</sup> October 10.00am Numurkah Library	Back Door Book Sale hosted by Friends of the Numurkah Library.
Saturday 19 <sup>th</sup> October 10.00am Mooroopna	Friends of Mooroopna Library Plant and Book Sale
Tuesday 22 <sup>nd</sup> October 3.00pm Nagambie	Trivia at the Nagambie Library. Challenge yourself and compete with others with an afternoon of trivia and puzzles.
Thursday 24 <sup>th</sup> October 6.00pm Shepparton	Connecting with the Past - a guide State Library Victoria Family History Resources.
Monday 28 <sup>th</sup> October 2.00pm Shepparton	Connecting with the Past - a guide to State Library Victoria Family History Resources.



# eResources available

The following resources are available free to members of Goulburn Valley Libraries.



Our collection of eMagazines can be accessed using the Libby app. Over 1,000 magazine titles to read online or download. Borrow eMagazines to read on your phone, tablet or PC using the Libby app.



You can access a huge collection of eBooks and eAudiobooks using the BorrowBox app and cloudLibrary app on your smartphone or tablet.



Access Australia features a variety of local, regional, and national news and information, including *The Shepparton News*, *Cobram Courier*, and the *Yarrowonga Chronicle*. Available remotely 24/7 on any device.

Discover your family history and start researching your family tree.

**Please note:** AncestryLibrary is only accessible from the computers at your local GV Libraries branch or from the library wi-fi.



The Gale Health and Wellness database is an online health resource containing professionally verified information.

Need help accessing these resources?

You can call us on 1300 374 765 or visit any of our libraries to chat to a staff member.



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